

	文件類別	衛教單張	文件編號 3-063-098			
			版次	1	頁次 Page 1 of 1	
	文件名稱	傷口居家護理衛教單張 (中英)	制定日期	2017/06/15		
			修訂日期			

傷口居家護理 Wound care

中英

執行步驟 Procedure :

1. 洗手 Wash your hands.



2. 備齊用物 Prepare supplies.



3. 移除舊紗布
Remove the soiled dressing.



4. 生理食鹽水棉棒由內到外環狀消毒傷口
Clean the wound from the center to the periphery with saline.



5. 優碘棉棒由內到外環狀消毒傷口
Clean the wound from the center to the periphery with povidone.



6. 生理食鹽水棉棒由內到外環狀消毒傷口
Clean the wound from the center to the periphery with saline.



7. 貼上新紗布並以紙膠固定
Cover the wound with gauze. Tape in place.



8. 注意事項

- 換藥的次數或特殊的敷料，請依醫護人員指導。 Follow the instruction on frequency of dressing change.
- 注意物品的保存方式與日期。 Pay attention to expiration dates and the way you store the medicines.
- 若傷口異味或紅腫熱痛，應返院檢查與處理。 If you find the wound does not heal properly, please consult a doctor or nurse.
- 如需使用其他輔助方式，請與醫護人員討論。 If you have any questions, please ask your doctor or nurse.