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鼻胃管的照護
Nasal-gastric tube Care

- 1.每日應至少做一次口腔及鼻腔護理。
- 2.每日更換膠帶時，須將鼻部皮膚拭淨再貼，並注意勿貼於同一皮膚部位。
- 3.更換膠帶前，將鼻胃管固定同一方向旋轉90°(1/4 圈)。
- 4.鼻胃管外露部位須妥當保護，以免牽扯滑脫。
- 5.每日注意鼻胃管刻度，若有脫出超過10 公分以上，應通知居家護理師處理。
- 6.意識不清或躁動不合作之個案，應預防鼻胃管被拉出，必要時可使用約束手套將個案雙手做適當的約束保護。

1. Do oral cavity and nasal cavity nursing at least once every day.
2. When change the tape every day, wipe the skin of nose first, and do not stick at the same part.
3. Before changing the tape, secure the same direction and rotate the nasal-gastric tube to 90°(1/4 circle)
4. Protect exposed part of nasal-gastric tube, in order to avoid tugging and slipping.
5. Notice the scale of nasal-gastric tube every day, if it has dislocated more than 10cm; notify the homecare attendant to deal with it.
6. Subconscious or uncontrollable patient, we should prevent the nasal-gastric tube is pulled; you can use constraint-gloves to protect patient's hands suitably if it is necessary.

以上資料來源自台灣長期照護專業協會，
若您對以上內容有任何疑問時，請洽詢護理人員。